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## Agency and the Fall of Adam and Eve

As a consequence of their choice to eat of the fruit, Adam and Eve became mortal and were separated from God's presence both physically and spiritually. This is referred to as the Fall.



[God Is Our Heavenly Father \(0:47\)](#)

Adam and Eve were the first of God's children to come to Earth. They were created in God's image, with bodies of flesh and bones. God placed them in the Garden of Eden. Here they did not remember their former existence though they were still able to enjoy God's presence and could have lived forever.

As Heavenly Father has blessed all of His children with the freedom to choose, Adam and Eve were given agency to make their own choices on the earth. He commanded them not to eat the forbidden fruit, or the fruit of the tree of knowledge of good and evil. Obeying this [commandment](#)? meant they could remain in the garden, but they could not progress by experiencing opposition in mortality. They could not know joy because they could not experience sorrow and pain. Thus, as a part of the plan Satan was allowed to tempt Adam and Eve to eat the forbidden fruit and they chose to do so. As a consequence, they were separated from God's presence physically and spiritually—an event referred to as the Fall. Adam and Eve then became mortal—subject to sin and death—and were unable to return to Heavenly Father without His help. They could now experience disease and all types of suffering. They had moral [agency](#)?, or the ability to choose between good and evil, which made it possible for them to learn and progress. It also made it possible for them to make wrong choices and to sin. In addition, they could now have children, so the rest of God's spirit children could come to Earth, obtain physical bodies, and be proven. All this was in accordance with the plan of God. Only in this way could God's children progress and become like Him.

Heavenly Father then sent angels and the [Holy Ghost](#)? to teach Adam and Eve the [plan of salvation](#)?. Central to this plan is the [Atonement](#)? of Jesus Christ, which enables God's children to overcome the effects of the Fall and to obtain eternal life by obedience.

We are not responsible for the Fall of Adam and Eve, but we are responsible for our own sins ([Articles of Faith 1:2](#)).

- [The Restoration of Truth](#)
- [Heavenly Father's Plan of Happiness](#)
  - [God has a plan for your life](#)
  - [You Lived with God](#)

- [The Creation](#)
- [Agency and the Fall of Adam and Eve](#)
- [Your Life on Earth](#)
- [The Atonement of Jesus Christ](#)
- [Life after Death](#)
- [Resurrection and Judgment](#)
- [Heaven and Eternal Reward](#)
- [How can I know this is true?](#)
- [Jesus Christ: Our Savior](#)
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### [Ask Your Questions: Chat Now](#)

- [Jesus Christ](#)
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## **An Apostle's Easter Thoughts of Jesus Christ**

Elder Jeffrey R. Holland testifies how one of the great consolations of this Easter season is that because Jesus walked such a long, lonely path, utterly alone, we do not have to.

[View Video](#)



## **Mormons Worship Jesus Christ**

Jesus Christ is the Son of God. His gospel is the only path whereby we can return to our Heavenly Father.

[Learn More](#)



## **Book of Mormon**

A second witness of Jesus Christ and a companion volume of scripture to the Bible that records God's

dealings with the ancient inhabitants of the Americas.

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## **Finding Faith in Christ DVD**

A powerful biblical depiction of the life and ministry of the Savior, Jesus Christ (29:10).

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## **Mormons Are Christians**

Mormons are Christians because they believe in, and testify of, Jesus Christ (2:27).

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## **Jesus Christ Is Real**

A recent convert to the Mormon Church expresses his beliefs in Jesus Christ (1:20).

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## **Why Mormons Build Temples**

Temples are sacred structures built and dedicated to the Lord. The primary purpose of temples is to "seal" or unite families together for eternity (3:14).

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## God Speaks Today

Throughout time, God has consistently reached out to His children in love, and given them His gospel (1:32).

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## Answers to Life's Great Questions

Life's questions no longer have to go unanswered.

[Learn More](#)



## The Restoration DVD

How God restored the fulness of His gospel to the earth through Joseph Smith, a modern-day prophet (19:15).

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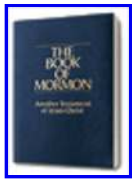
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## God's Words Never Cease

Elder Jeffrey R. Holland, an Apostle of the Lord, Jesus Christ, testifies that the heavens are open and God continues to speak His word and reveal His truth (2:57).

[View Video](#)



## **Book of Mormon**

A second witness of Jesus Christ and a companion volume of scripture to the Bible that records God's dealings with the ancient inhabitants of the Americas.

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### **I Learned Answers to My Questions**

Jan learned answers to questions he had about Christianity (2:02).

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### **You May Have to Take a Leap of Faith**

Kiran talks about his leap of faith in learning about the Mormon Church (1:53).

[View Video](#)



### **Why Would Heavenly Father Stop Choosing Prophets?**

Noelle always wondered why God no longer had prophets on the earth (2:01).

[View Video](#)



### **What's the Point of Having a Family If It All Ends at Death?**

I wanted to have a family but wondered what would be the point of having one, if it all ended at death (0:58).

[View Video](#)



## **There Has to Be More to Life Than This**

Isaiah talks about questions he had regarding the purpose of his life and the answers he found through the Mormon Church (1:39).

[View Video](#)



## **View More of Our Stories**

Many have questions about their life, its purpose, and what happens when we die. These questions do have answers. View more member stories.

[Learn More](#)



## **Ask Your Questions Now**

Chat live with a Mormon.

[Learn More](#)



## **Simple Steps to Prayer**

View the four simple steps for praying to your Heavenly Father.

[Learn More](#)



## **Worship with Us**

Locate a Mormon meetinghouse and worship service times near you, and come worship with us. All visitors are welcome.

[Learn More](#)



## God Will Tell You Truth

How I received a witness of God's restored truths (1:30).

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## Request a Visit with Mormon Missionaries

Ask for Mormon missionaries to visit you and answer your questions.

[Learn More](#)



## Book of Mormon

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## Together Forever DVD

Tells how several families discovered God's love for them, and His eternal plan for their peace and happiness.

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## Finding Happiness DVD

Amid the wonder of life and the beauties of nature, we seek to know whether our individual lives have meaning.

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